

KNOW YOUR SYMPTOMS

Compare signs of allergies, a cold, flu and COVID-19.



		Allergies	Cold	Flu	COVID-19
ONSET	Starts gradually	●	●		
	Starts suddenly			●	
	Starts within two weeks of exposure to coronavirus				●
DURATION	Seasonal	●			
	Lasts up to 10 days	●	●		
	Lasts up to a week			●	
	Length and severity varies				●
	Gets worse over time			●	●
SYMPTOMS	Headaches	●		●	Possible
	Itchy eyes	●			
	Sneezing	●	●	●	Possible
	Stuffy / runny nose	●	●	●	Possible
	Tiredness	●	●	●	●
	Sore throat	Possible	●	●	●
	Body aches		●	●	Possible
	Cough		●	●	●
	Nausea / vomiting or diarrhea		Possible	Possible	Possible
	Chills			●	Possible
	Fever			●	●
	Difficulty breathing	Possible			●
	Loss of taste / smell				●