

# Have you had an endoscopy for digestive problems?

## You may be able to join the Microbiome & Esophageal Cancer Progression (MEP) Study



Right now, there is no non-invasive screening test for digestive systems diseases.

We want to change that.

We aim to reduce the risk of esophageal cancer by finding new risk factors and biomarkers from a saliva test. The test that our research is trying to inform will be cheaper, easier, and noninvasive. This could be used for prevention, early detection of esophageal diseases and save lives.

### What does study participation involve?

- All study tasks can be completed at home
- Consent to participate with a REDCap online portal or in-person meeting
- Complete questionnaires (approximately 1.5 hours)
- Collect saliva samples
- Phone call or email with the study team
- All information that could identify you will be kept confidential
- Participants will receive \$20 in thanks for participation

### Who can participate?

- Those who have had an endoscopy which found:
  1. Normal results
  2. Barrett's Esophagus with or without dysplasia
  3. Esophagus cancer
- Men and women ages 18-89
- No history of cancer diagnosis (excluding 2 or 3) or cancer treatment, such as radiation, surgery or chemotherapy
- No oral, intestinal, appendix, or gastroesophageal surgery for 1 month
- No systemic (non-topical) antibiotics, antifungals, or antivirals for 6 months

## Contact a study coordinator to learn more:

- 503 418-9665
- [MEP@ohsu.edu](mailto:MEP@ohsu.edu)
- [www.ohsu.edu/mepstudy](http://www.ohsu.edu/mepstudy)

