

Module 11 Oral Health - Worksheet

Circle the answer: True or False

Taking care of your oral health helps:

- Prevent oral diseases such as cavities and gum disease.

True False

- Keep your breath smelling fresh and your teeth clean.

True False

- Your overall health.

True False

Label the correct order of steps to brush your teeth 1-4

_____ Spit into the sink

_____ Put a pea sized amount of toothpaste on your toothbrush

_____ Rinse off your toothbrush and put it away

_____ Brush the front and back of all your teeth and your tongue

Circle some of the ways you can keep your teeth and mouth healthy!



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Finish the sentence with the correct word from the word bank.

Word Bank:

Dentist

Brush

Receptionist

Cavity

Flossing

1. Before your dental appointment you should _____ and floss your teeth.
2. A _____ is the first person you will see at your dentist appointment.
3. A _____ is a doctor who specializes in oral health.
4. _____ helps to get the food and germs out from between your teeth.
5. A _____ is a hole in your tooth caused by germs in your mouth.

