



Patient Story: Estelle Morley

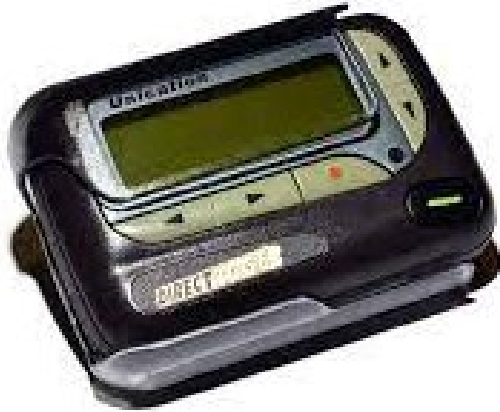
Northwest States Trauma Conference, April 27, 2023

Facilitated by: Heather Hoops MD, FACS
Assistant Professor, OHSU Department of Surgery





July 4th, 2021 at 00:15 AM

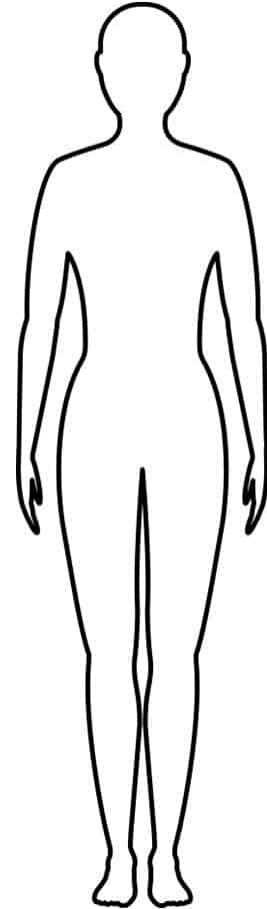


- FULL trauma activation
- 38 yo F bicyclist struck by vehicle
- Open L femur fx w/ tourniquet on
- Open L forearm fracture
- L abdominal pain
- initial GCS 6 → 3
- Lost carotid pulse, brief CPR, given 350ml fluid →
 - now GCS 14, SBP 130, HR 100
- ETA 8 min



Primary Survey

- **Airway:** Patent
- **Breathing:** Mildly decreased left breath sounds, oxygenating well on room air
- **Circulation:** Clammy skin, intact pulses, initial SBP 110 → SBP 70
- **Disability:** GCS 15, following commands

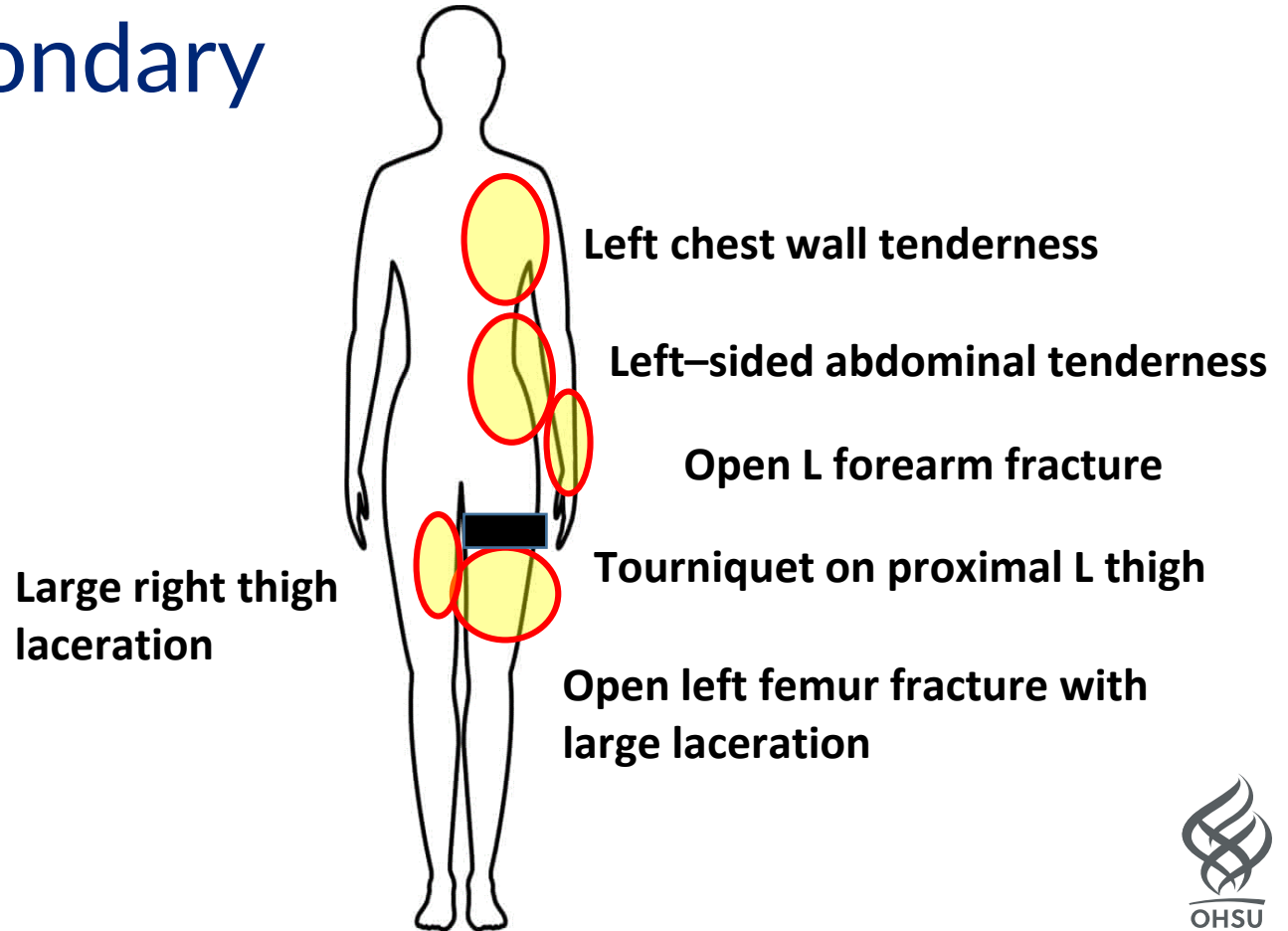


Trauma Bay Course

- Blood transfusion, TXA, Ancef
- CXR: +rib fxs but no large PTX or HTX
- Pelvis Xray: inf pubic rami fx
- E-FAST
 - Lung sliding bilaterally
 - + for fluid in RUQ, LUQ



Brief Secondary Survey





Operating Room

- Trauma Surgery Team
 - Exploratory laparotomy: Splenectomy, hepatorrhaphy
 - Repair of right thigh laceration
- Orthopedic Surgery Team
 - Washout and ORIF of left femur fracture
 - Washout and ORIF of left forearm fracture



Post-op CT

- Additional major injuries identified:
 - Left distal radius fracture
 - Left inferior pubic rami fracture
 - Left 1st -9th rib fractures with flail segment
 - Anterior C5 compression fracture
 - Left zygomatic arch fracture
 - Left foot fractures



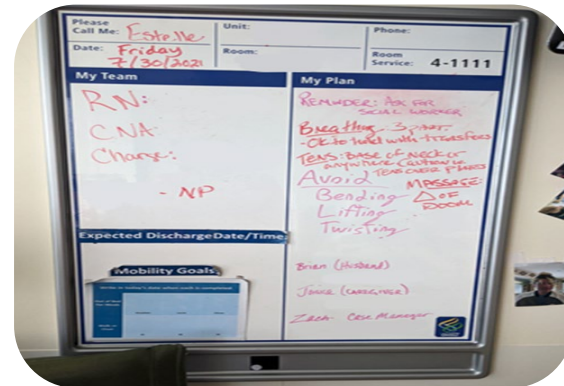
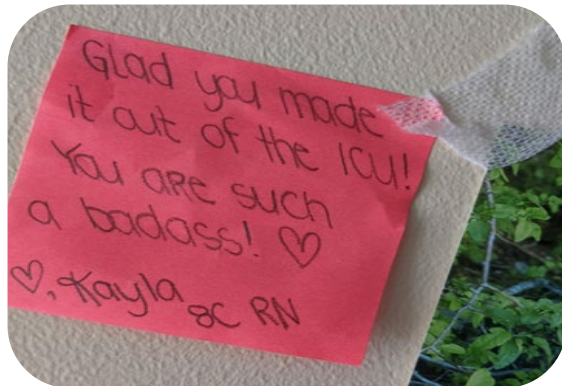
Post-op in ICU



ICU Course

- 7/5 - Operative fixation of C5 fracture
- 7/6 – Ortho washout / debridement of LLE
- 7/7 - Surgical stabilization of left rib fractures
- 7/8 – washout / debridement of LLE

Transfer to Ward



Hospital Course

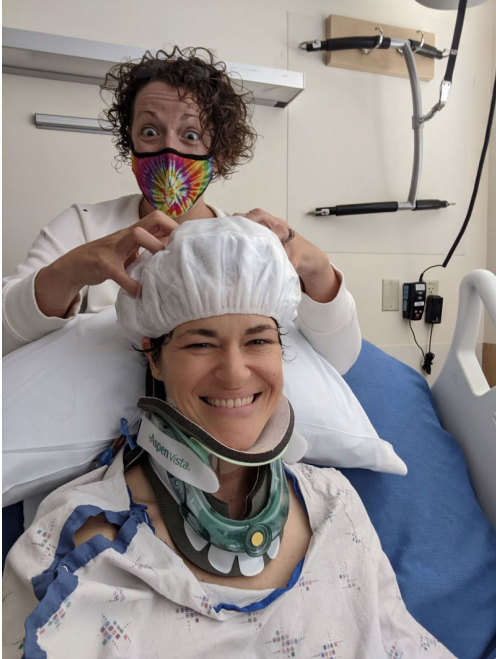
- 7/11-7/22 – washouts, wound vac changes of LLE
- 7/23 – Skin grafting of left leg
- 7/30 – Skin graft dressing removed





Recovery on the Ward







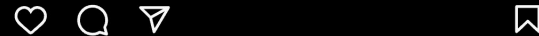


8/11: Discharge to
Inpatient Rehab
after over a month...





Back at home...



100 likes
estellemorley_!!!

365 without a neck brace, y'all! 🍷🍷🍷

Most of ya'll can't imagine how delicious it is to take a shower without a neck brace...



estellemorley_
Portland Oregon



Physician & Nurse Practitioners

Directors

Management Team

Health Unit Coordinator's (HUC)

Physical Therapists

EGS

ECG Technicians

Day Charge RN

Day CNA's

Occupational Therapist

Dietitian

EVS

Room Service Attendants (RSA)



Thank You

