



GUIDE TO GENERAL SKIN CLEANSING AT HOME BEFORE SURGERY

Patient Instructions:

- Carefully read all directions on the product label.
- Hibiclens is not to be used on the head or face, keep out of eyes, ears and mouth.
- Hibiclens is not to be used in the genital area.
- Hibiclens should not be used if you are allergic to Chlorhexidine Gluconate or any other ingredients in this preparation.

*See Hibiclens label for full product information and precautions.

When you bathe or shower the night before your surgery:

- If you plan to wash your hair, do so with your regular shampoo. Then rinse hair and body thoroughly to remove any shampoo residue.
- Wash your face with your regular soap, or water only.
- Thoroughly rinse your body with warm water from the neck down.
- Use Hibiclens as you would any other liquid soap. Please do not put the Hibiclens on a wash cloth, apply directly to the skin and wash gently. Apply the minimum amount of Hibiclens necessary to cover the skin. **Leave the Hibiclens on your skin for 1 minute, then rinse off.**
- Rinse thoroughly with warm water.
- Do not use regular soap after applying and rinsing Hibiclens.

When using Hibiclens for a second day in a row (morning of surgery, as soon as you wake up):

- Shower/bathe again using Hibiclens in the same method as described above.
- Do not apply any lotions, deodorants, powders or perfumes to the body areas that have been cleaned with Hibiclens.