Animal Hazards NW!



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DISCLOSURE

Relevant Financial Relationship(s)

Speaker Bureau - None

Consultant/Research - none

Editor – UpToDate (Iron Tx)





The Talk

 Animals we in the Northwest need to respect!

Animal Bites: Mechanisms of Injury

- Biting
 - -Avulsions
 - Lacerations
 - Punctures can be deep
- Clawing
- Swiping with paw
- Blunt Force

Animal Bites

- Most to arms and hands
 - Fighting off attack
- Face
 - Many animals aim for
- Neck
 - Big cats

Treatment

- Major bleeding needs treated first
- Screen for blunt trauma
- Clean and irrigate wound
- Remove foreign bodies
- Debride devitalized tissue

Treatment

- Closure controversial
 - Many recommend no because high rate of infection
 - –Exceptions
 - Facial wounds
 - < 8 hrs and thoroughly cleaned</p>

Hand Wounds

- Can be devastating
 - Tendons/bones/ligaments/lots of small spaces
- No primary closure
- Immobilize
- Prophylactic antibiotics
- Hand surgeon consult

Infection Risk Factors

- Animals
 - -All cats/humans/primates/pigs
- Location
 - Genitals/hands/wrist/foot
 - Any joint penetration

Infection Risk Factors

- Patient
 - Asplenic/excess alcohol use
 - Diabetes/immunosuppression/PAD
- Wound
 - Crushed/considerable devitalized tissue/bone involvement
 - Puncture wounds
 - Presentation over 8 hours

Antibiotics

- Amoxicillin/Clav 875/125 bid
- Or
- Clindamycin/fluoroquinolone
 - Can vary by animal
- Don't forget tetanus!

Wound Pathogens

- All wild animal bites are considered contaminated
- Most bite-wound infections are polymicrobial
- Antibiotics in high-risk cases
- Rabies vaccination for all large carnivore bites or crazy animals

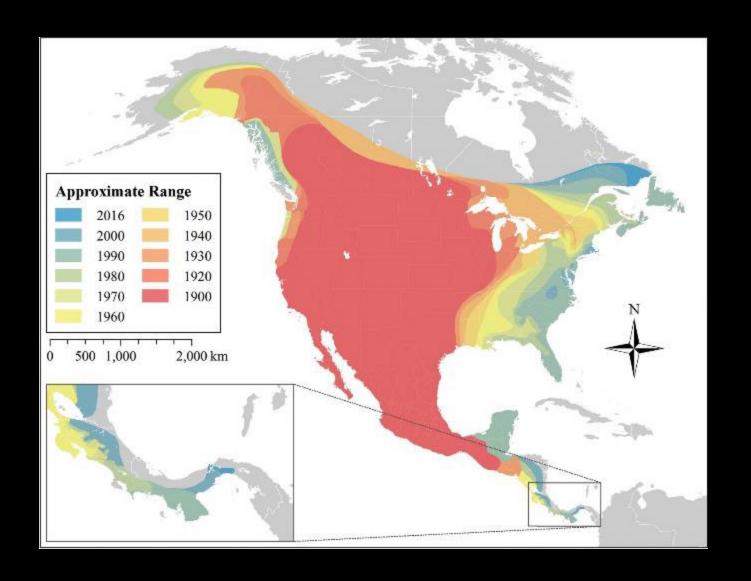
Wound Pathogens

- Species dependent!
- Cats Pasteurella
- Bears Aeromonas, staph, strep, mycobacterium
- Swans Pseudomonas
- Tasmanian Devils Pasteurella

Clin Microbiol Rev. 2011 24: 231–246



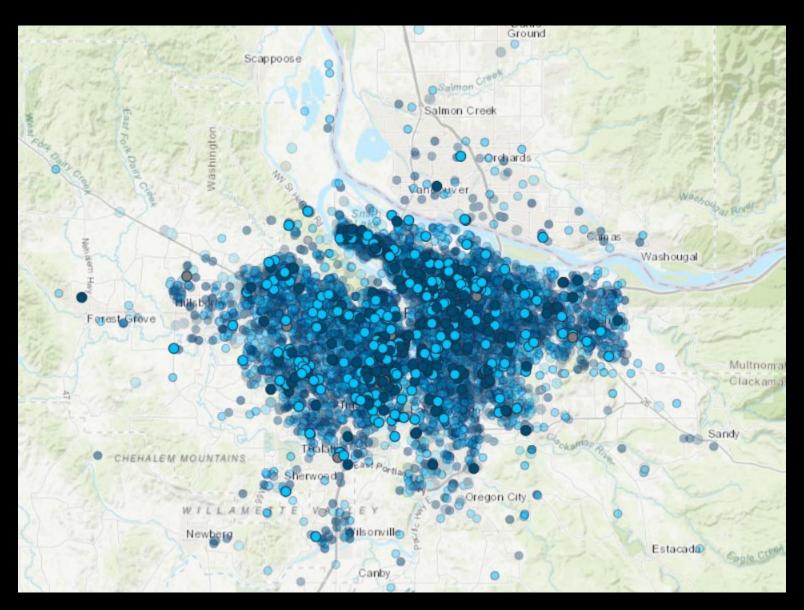
Portland Urban Coyote Project



ZooKeys 759:81-97, 2018

Portland Coyotes

- First seen 1980
- Territory 4.5 mi²
- 1400 (2015)
- 1-2% diet cats
- Attacks similar to dog attack
 - Biting



Portland Urban Coyote Project





Produced by John Goodmanson Cover paintings by Annabel Wright

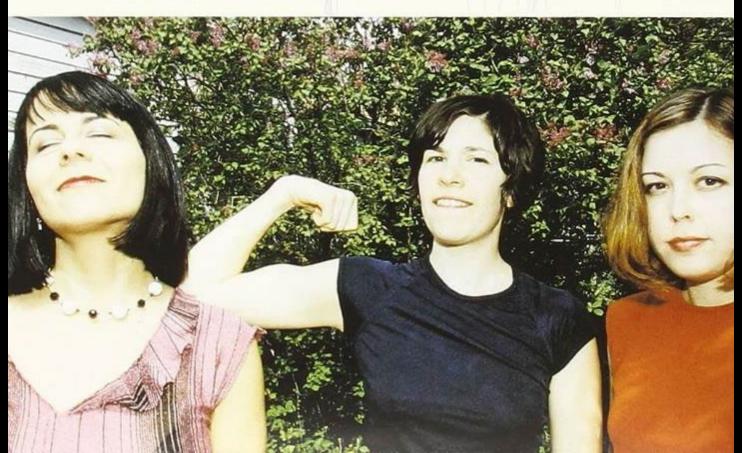
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- 1. one beat
- 2. farancy
- 3. oh1
- 4. The remainder
- 5. light Rail coyote
- . Step aside

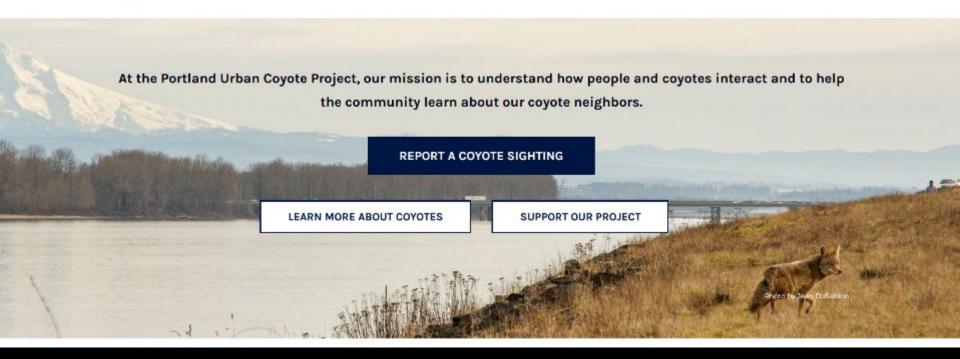
- 7. combat rock
- 8. 02
- 9. Pristina
- 10. Fineral Song
- 11. Houghood Ending
- 12- Sympathy



Coyote Rules

- Do not feed coyotes!
- Do not let pets run loose
- Do not run from a coyote
- Repellents or fencing may help
- Do not create conflict where it does not exist
- Report aggressive, fearless coyotes immediately









https://seattlecoyotestudy.wix site.com/seattlecoyotestudy



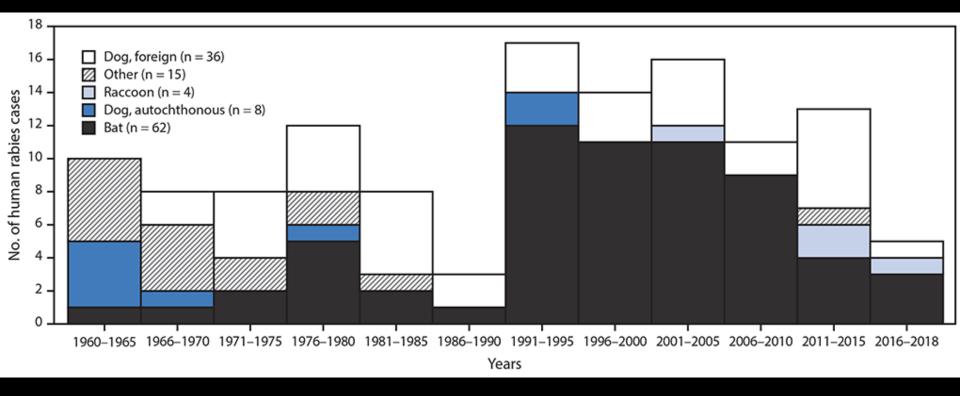


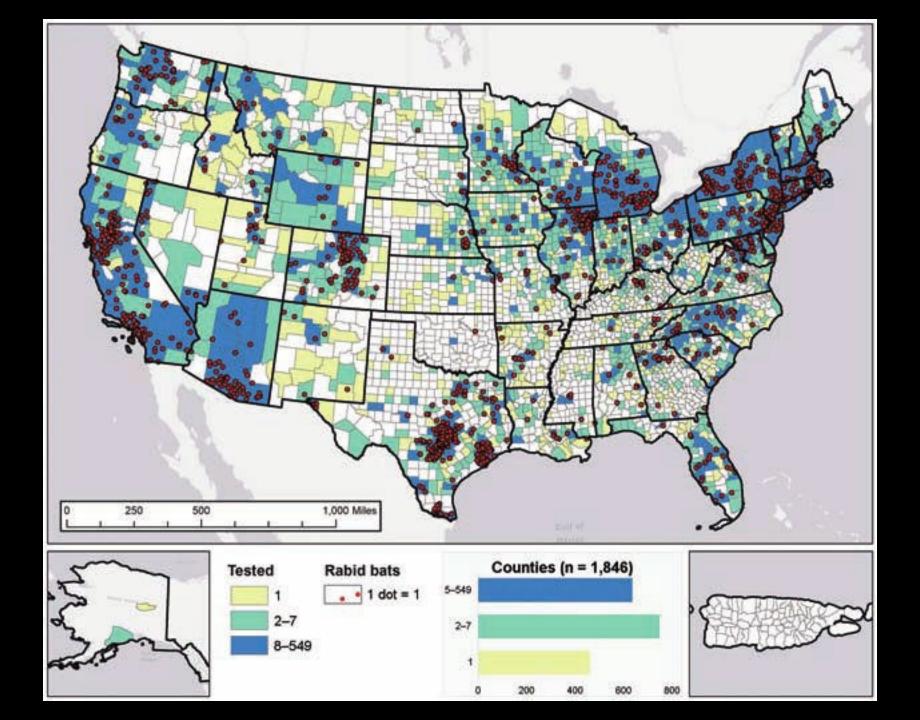




Rabies

- Terrible way to die!
- Rabies a concern with any mammal bite
- Bats always a concern!
 - Tend not to get sick with rabies
 - -Bites unnoticed
 - Can be infected from bat crawling on or licking you





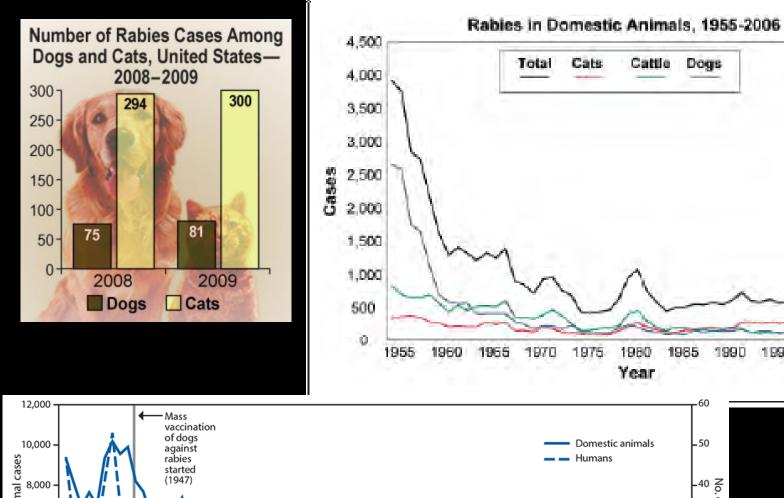
Morbidity and Mortality Weekly Report

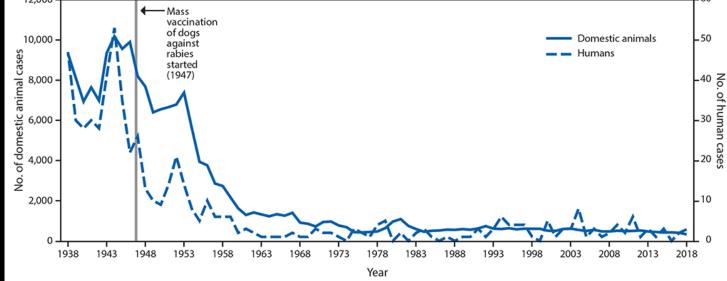
Human Rabies — Texas, 2021

Dawn Blackburn, BVMS^{1,*}; Faisal S. Minhaj, PharmD^{2,3,*}; Roukaya Al Hammoud, MD⁴; Lillian Orciari²; Jael Miller¹; Trevor Maness, PhD⁵; Jon Stewart, MPH⁵; Brittany Singletary¹; Elvia Ledezma, MPH⁵; Misti Ellsworth, MD⁴; Andrea Carlo-Angleró, MD⁴; Michael Niezgoda, MS²; Crystal M. Gigante, PhD²; Agam K. Rao, MD²; Panayampalli S. Satheshkumar, PhD²; Gloria P. Heresi, MD⁴; Amanda Kieffer, DVM⁵; Ryan M. Wallace, DVM²

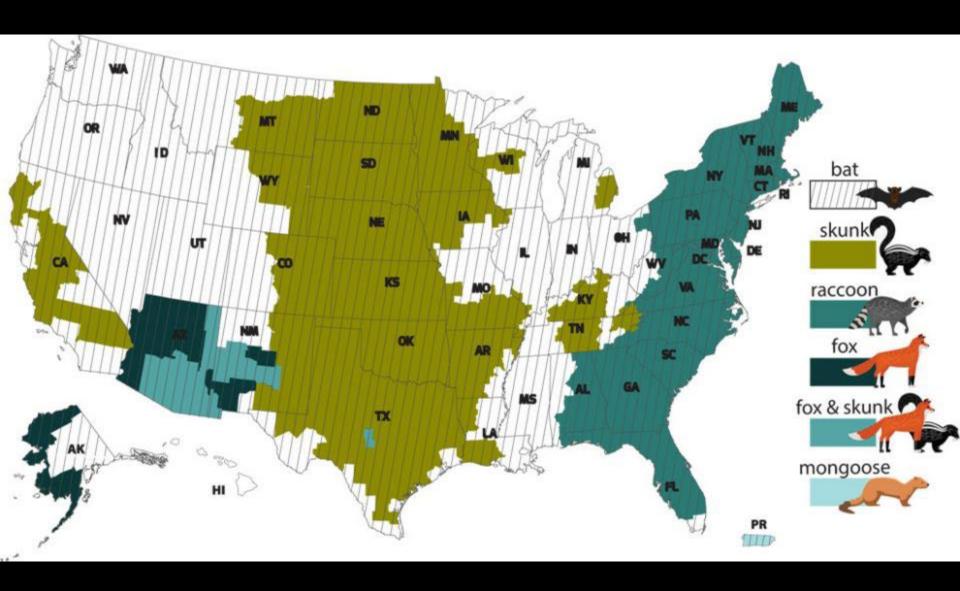
Other Animals

- More rabid cats then dogs in USA
 - -299 vs 99 in 2002
- Dogs biggest threat world-wide
 - Also foxes, mongooses, raccoons, jackals, and wolves









NW Rabies

- Oregon: 20 year data
 - -258 bats
 - -2 cats no dogs
 - -27 foxes
 - -3 coyotes, 1 skunk and 1 goat
- Washington: 30 year
 - -542 bats
 - 2 cats no dogs
 - 1 horse, 1 llama

Rabies

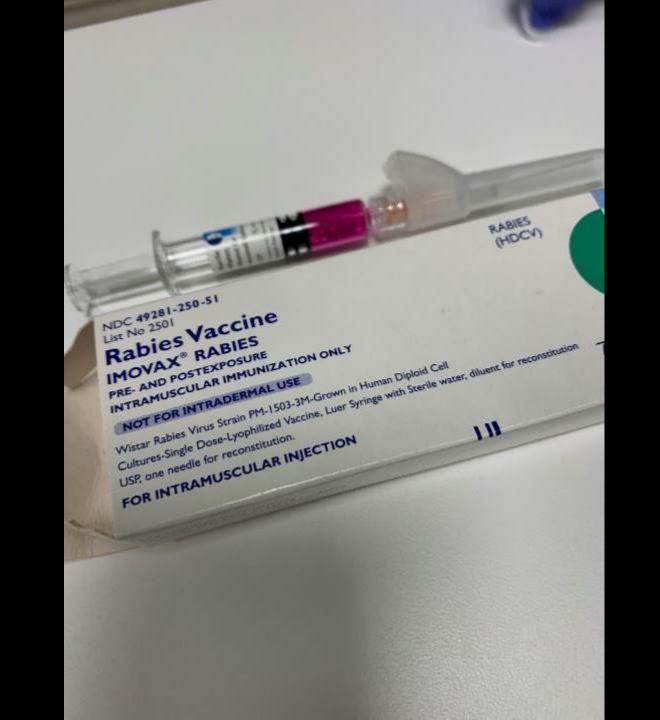
- Vigorous wound cleansing with soup and water crucial first step
- HRIG ASAP -> vaccinations
- If previous vaccination no HRIG

Local Therapy

Treatment	Infection	%
Tap water	1/19	5.3
20% soap	2/19	10.5
Ivory soap	2/20	10
Benzalkonium	2/20	10
Ivory soap/serum	2/20	10
Control	18/20	90

Bull Wld Hth Org 28:477, 1963





Bear Attacks



Bear Attacks

- Responsible for most "wild" animal deaths
- Increasing bear-human interactions
 - -Black bears "habituated"
 - Grizzlies not so much

Black vs Brown





Black Bear

Shoulder: No hump

Ears: Taller

Face: Straight profile

Front Claws: Dark ~ 1.5" long

Grizzly Bear

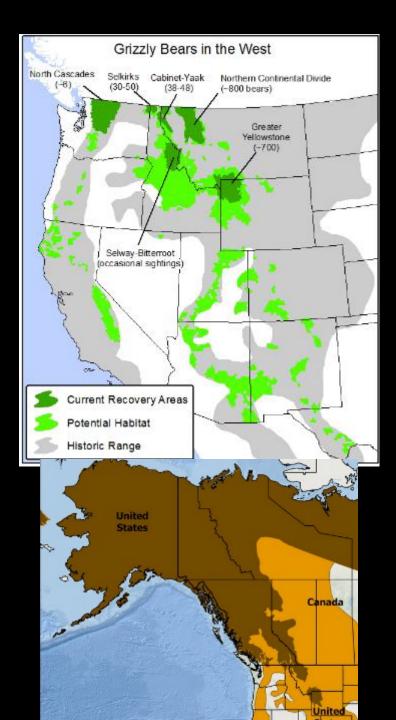
Hump

Short and rounded

Dished profile

Light ~ 2-4" long







Black Bears

Bears

Black

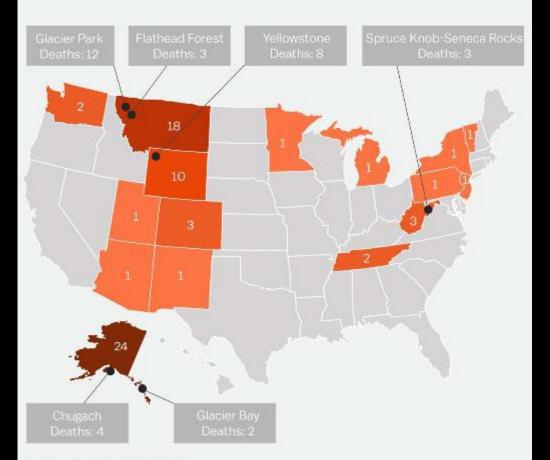
- Widespread US
- 650 pounds
- Smaller claws
 - **1-2 inches**
- Range of colors
- Mothers not as aggressive
- Oregon 25-30,000
- Washington 25,000

<u>Grizzly</u>

- Restricted range
- 850 pounds
- Large claws
 - **2-4 inches**
- Range of colors
- Mothers very protective
- Washington 12-30
- Oregon 0

Nearly half of all US bear attack deaths have occurred in 6 parks

Total fatal bear attacks (grizzly, black, and polar), 1900 to present



Source: Google news archives

Note: Attacks that occurred before the creation of national or state parks were added to the park in the current-day territory



Source: https://www.vox.com/2016/10/6/1317 0344/bear-attacks-national-stateparlSource: Wikimedia commons

Bear Attack Injuries

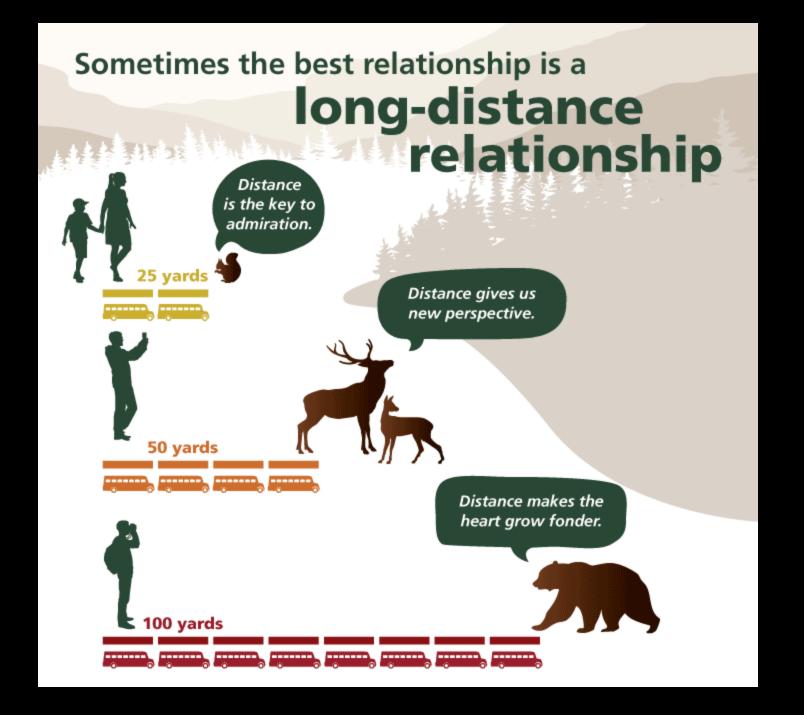
- Face often attacked
- Mechanisms of trauma
 - -Teeth: chewing, biting
 - -Claws: slashing
 - -Bulk: pining down, crushing
 - Can pull or push you out of tree

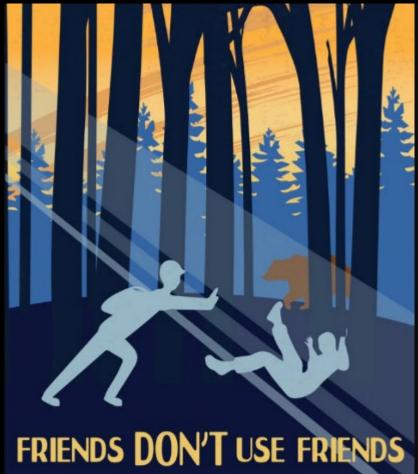
Bear Attack

- Provoked:
 - Perceived threat
 - Mom with cubs
 - Surprise encounter
 - Getting too close!
- Unprovoked:
 - Predatory

Avoidance

- Make noise!
- Travel in groups
- Avoid leaving food on trail
- Camping keep food downwind





FRIENDS DON'T USE FRIENDS AS BEAR BAIT

NATIONAL PARK SERVICE

Grizzly Bears

- Encounter
 - -Don't run
 - -Walk slowly way
 - Be nonthreating
 - Bear spray at 25 yards
 - Distract by throwing phone etc
- Charged/attacked
 - –Play dead
 - -Face/belly in dirt with hands over neck

Black Bear

- Encounter
 - -Don't run
 - Look big, yell etc
 - Bear spray at 25 yards
- Charged
 - -Fight back
 - Nose/eyes

Bear Spray

- Red pepper oil
- 90% effective
- 98% uninjured in close encounters
- Firearms not effective

J Wildlife Mgt 72:640, 2008



Cougar Attacks

Biker's death near Seattle is Washington's first cougar fatality in 94 years



Pacific Northwest

Oregon hiker killed in Mount Hood cougar attack suffered broken neck, puncture wounds



- Oregon: 6000
- Washington: 3600

Cougar Attacks

- Increasingly frequent:
 - -Over 50 attacks since 1970
 - At least five adult and five child fatalities
- Most occurring in:
 - California
 - Vancouver Island
 - Colorado



Characteristics of Cougar Attacks

- Younger cougars more likely to attack
- Children more at risk
- Pushed to establish their own territory at about 18 months
- Forced into more human-inhabited areas
- Surprise attacks more common

The 3 most intrusive cases involved a cougar crashing through the window of an isolated cabin to attack a telephone lineman (Table 1: Kelsey Bay, B.C., 1951), a

Target of Cougar Attacks

- Aims at victim's head and back
- Bites through great vessels and airway
- Causes forcible hyper-extension and C-spine fracture
- Puncture wounds from teeth are often much deeper than suspected



Prevention of Cougar Attacks

DO:

- Fight back
- Look larger, threatening
- Make noise
- Bear spray

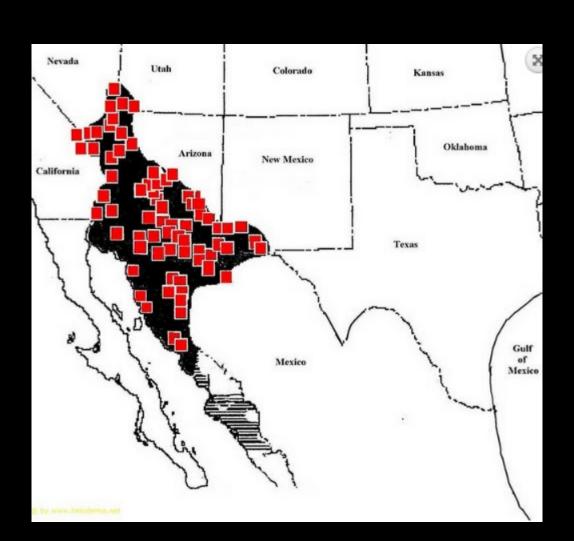
DON'T:

- Stoop down
- Make direct eye contact
- Run

Treatment

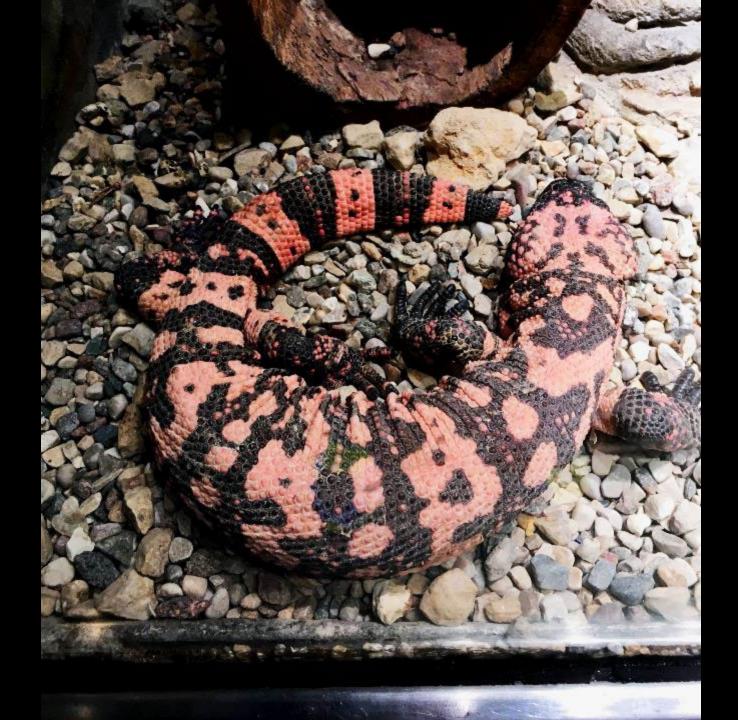
- Assess for deep neck injuries
- Spine injuries





Gila Monsters

- SW USA
- Can be up to 2 ft long
- Official State Reptile of Utah!
- Eats 5-10 times/year



Gila Monsters

- Only small amounts of venom
 - Drips into salvia
- Fatal bites children or idiots
- Very painful!!!
- Rare reports of anaphylaxis
- Venom help developed GLP-1 agonists
 - Ozempic (semaglutide)

First Aid

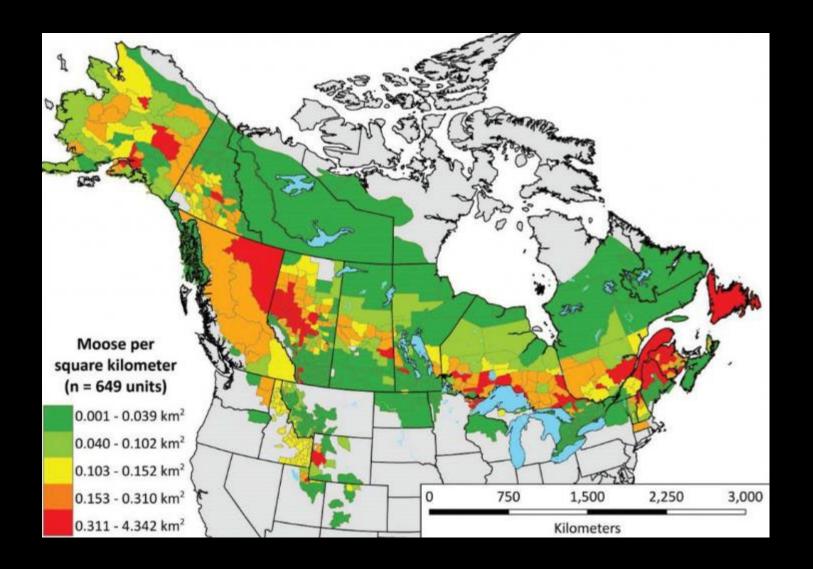
- Lizard bites and doesn't let go
 - Banging on ground
- Examine wounds for broken teeth
- Pain control
- IV fluids for hypotension

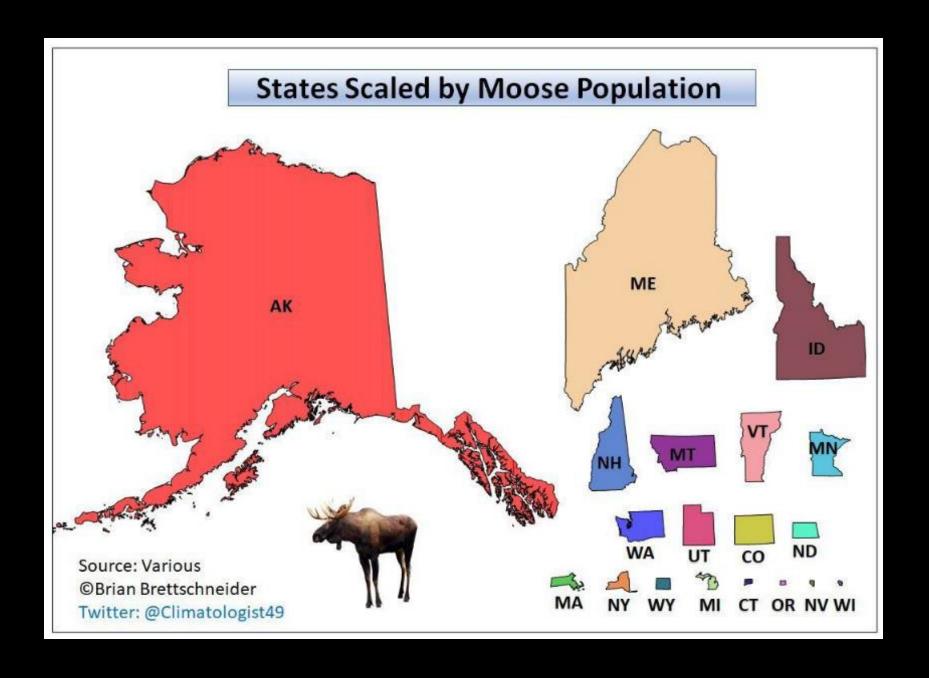
Disengage the jaws as promptly as possible, even at the expense of some laceration... Pouring alcohol (rubbing, ethyl, whiskey, etc.), chloroform, or gasoline into a Gila monster's mouth is an effective way to cause the lizard to loosen its grip. This may also be accompanied by the application of the flame from a match or cigarette lighter to the under surface of the lizard's jaw or neck.

Arizona Med 18:121, 1961









Moose

- Large up to 7 ft and 1500 pounds
- Usually avoid people
- Attacks
 - Mother with young
 - -Dogs
- Victims stomped to death

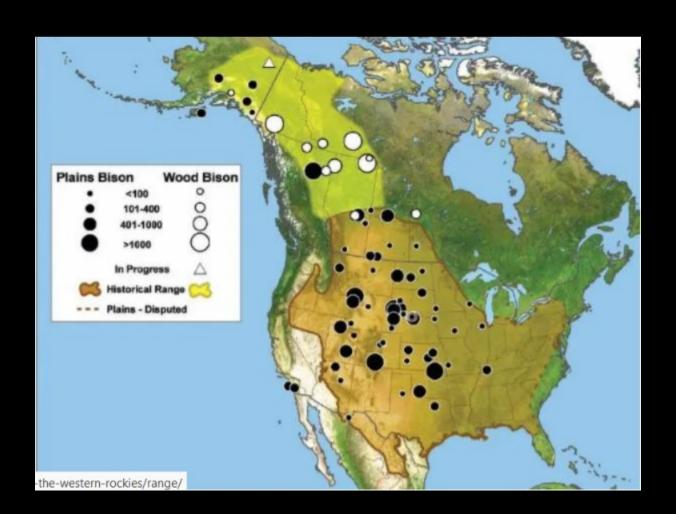


Moose

- Warning signs
 - Ears rearward
 - Raised rump hairs
 - Licking lips
 - Mom with calves
- You...
 - -Hide behind a tree
 - Run away
 - Curl up in a ball if attacked







Buffalo

- Numbers increasing in NW
- Weigh up to one ton
- Run at 20 mph/hr
- Most injuries are being too close
 - Average distance 10 feet

Buffalo Injuries

- Mechanisms
 - Goring
 - 8-10 inches deep
 - Usually lower legs/buttocks
 - Perineum often involved
 - Chest/abdomen devastating injuries
 - Blunt trauma from being tossed in the air

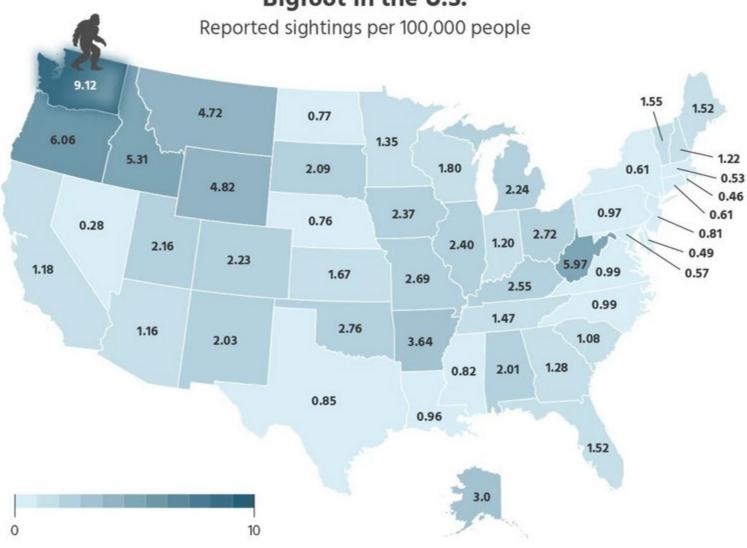


Buffalo

- Wounds need exploration
- Antibiotic prophylaxis
- Prevention key!
 - Don't get near one!



Bigfoot in the U.S.



Bigfoot

- Long stories of "hairy beast" in NW woods
- No reported attacks
 - Several people were shot mistaken for Bigfoot
- But what if you are attacked?

Bigfoot Attack

- Blunt trauma
- Bites
 - No microbiology available of Bigfoot mouth
- Treat at human bite

Human Bites

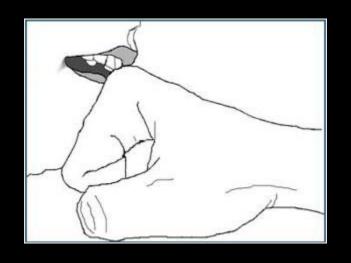
- Can be deliberate or accidental
- "Fight bites" particular concern
 - -Tendon, ligament, bone and joint infections
- High infection risk 20-25%
 - —Staph/Strep
 - -Eikenella
 - Late presentation

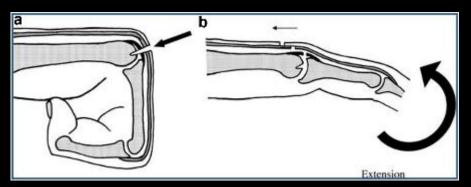
Human Bites

- Risk of HIV/hepatitis
- Prophylaxis/Treatment
 - Amox-clav 875/125 bidOr
 - Moxifloxacin 400mg daily
 - Combination therapy

Fight Bites

- Assess tendon function
- Normal
 - -Follow up with a hand surgeon
- Abnormal
 - Exam in OR
- First dose ATB IV





https://doi.org/10.1016/j.nurpra.2018.12.017

The Deadliest Animal?



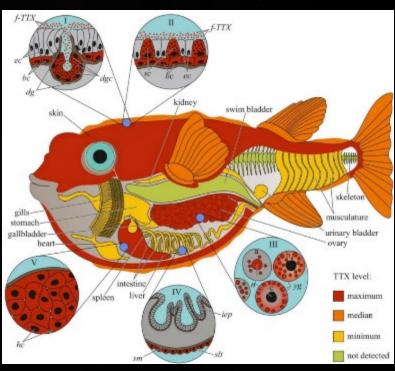
CASE 1.—A 29-year-old man drank approximately 150 mL of whiskey at about 11 AM July 9, 1979. At 6 PM he swallowed a 20-cm newt on a dare. Within ten minutes he complained of tingling of the lips.

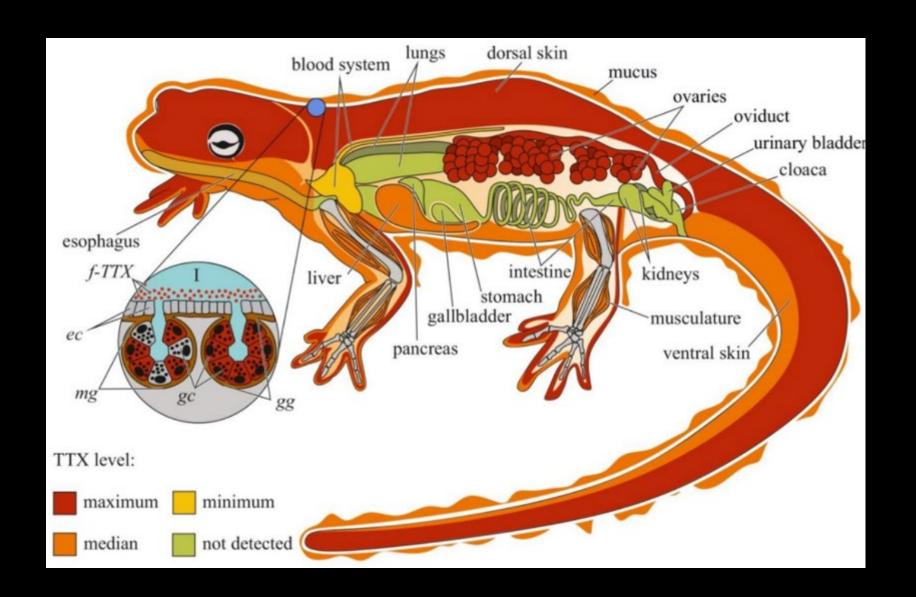
Case 2.—A 26-year-old man ingested five T granulosa on July 7, 1971, on a bet in Brookings, Ore. He had been drinking alcohol at the time. Thirty minutes later

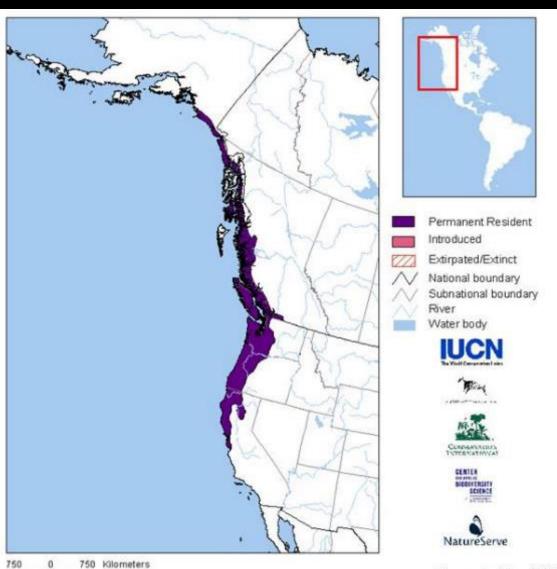
Tetrodotoxin

- Taricha newts contain 250ug
 - -Human fatal dose 1 ug
 - -250x more toxic than cyanide
 - -Produced by bacteria in the skin
- Blocks sodium gates in nerves leading to paralysis



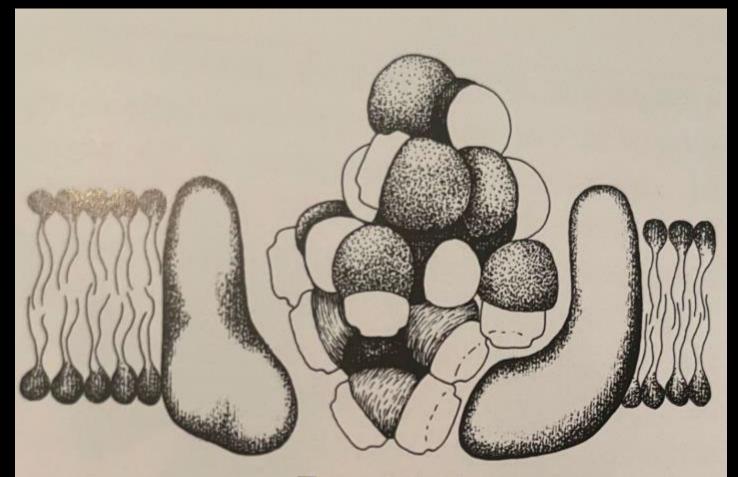






Tetrodotoxin

- Striated muscle paralysis
- Cranial nerve paralysis
- Hypotension
- Hypothermia
- Rapid onset after ingestion
- Tx: supportive care



Tetrodotoxin

0 0,2 0,4 0,6 0,8 1 nm

Why Newts?

- Predator is Garter snakes which also have tetrodotoxin
- Garter snakes have 5 sodium channel genes with resistance to tetrodotoxin
- Co-evolution of predator and prey

Conclusion

- Amazing variety of animal hazards in the NW
- Can be avoided by prudent precautions

Conclusion

Don't be stupid with animals!

Conclusion

Don't be stupid with animals!





Photo: Lindsey Fell