OREGON FAMILY TO FAMILY HEALTH INFORMATION CENTER

July 2024 Table Talk Creating the Structure Your Child Needs: What works? What doesn't? What would help you?



Wednesday, July 24, 2024

12:00pm-1:00pm

Register here

https://tinyurl.com/ttstructure

You will Receive a Zoom link via email.



Cost: Free

Does your child require a lot of structure in their day?

For example, do they...

- Need or use a visual schedule?
- Struggle with **transitions** between activities or schedules?
- Have long or challenging bedtime/morning routines?

How do you balance their needs with those of other family members? Let's talk and share ideas and resources.

Questions: contact@oregonfamilytofamily.org | 855-323-6744

This Table Talk is offered in **Spanish** at 6:00pm on the same day. For other language interpretation <u>please request</u> by **no later than July 12**.

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