



# Resources for Supporting LGBTQIA2S+ Youth and Young Adults and the Broader Community

## Oregon related:

- [Oregon LGBTQ Youth & Family Resources](#) by the Oregon Family Support Network
- [Oregon LGBTQ+ Youth Resource List](#) (by county)
- [Statewide Resource List for LGBTQ2SIA+ Youth](#) (by county)
- [Sexual & Gender Minority Youth Resource Center](#), (SMYRC), New Avenues for Youth
- [Community Resources listed by Pride NW](#)
- [LGBTQ Support and Resources through Rogue Community Health](#) (Southern Oregon)
- ["10 LGBTQ resources in Oregon you should know about"](#) by Statesman Journal Salem
- [Supporting Rural LGBTQ+ Youth](#)
- [Homeless Youth Handbook chapter on LGBTQ+ information](#)
- [Westside Queer Resource Center](#) in Washington County, Oregon

## Resources from the Oregon Parenting Education Collaborative

- [LGBTQ+ Resources in Spanish or bilingual / Recursos LGBTQ+ en español o bilingües](#) (resource list, Word, updated regularly)
- [Recommended Resources for working with LGBTQ+ Families and Youth in Parenting Education](#) (resource list, Word, updated regularly)

## National Organizations and Resources

- The Trevor Project
  - [Resources](#)
  - [National Survey on LGBTQ Youth Mental Health](#) (annual report)
- [UnicornSolutions.org](#)
- [Gender Spectrum resources](#)
- [2022 U.S. Trans Survey](#). "The largest survey devoted to the lives and experiences of transgender people across the United States. The USTS was created by trans people, for trans people."
- *Free to Be Me: An LGBTQ+ Journal of Love, Pride and Finding Your Inner Rainbow* by Dom&Ink
- Trans Lifeline <https://translifeline.org> – 877-565-8860
- *Beyond the Gender Binary* by Alok Vaid-Menon
- [The Gender Spectrum Collection](#) – stock photo library
- [ID Documents Center](#) – info by state for name and gender updates on identification
- [Health Outcomes from Positive Experiences](#) (HOPE) Resource Library
  - [HOPE Introduction Video](#) (1 minute)
- [Terms and Concepts related to sexual orientation, gender identity, and sexual development](#)
- [The Complexity Response Cycle](#) by Kai Cheng Thom
- [Pronouns 101](#)
- [Pronouns.org](#) – resources on personal pronouns
- [Adolescent Identity Development](#)

- [LGBTQ Youth with a History of Foster Care](#) research brief

## Legal and Policy Resources

- [LambdaLegal.org](#)
  - [Trans Rights Toolkit](#)
  - [Closing the Gap Between Recommended Practice and Reality for Transgender and Gender-Expansive Youth in Out-of-Home Care](#) (report)
- [Intersex Legal Issues and Decisions](#)
- [Trans Youth Handbook](#) – a legal resource guide by Harvard Law School and the National Center for Lesbian Rights
- [Model Policy: Transgender, Gender Nonconforming, and Intersex Youth in Confinement Facilities](#) (PDF)
- [Gender Ambiguity in the Workplace: Transgender and Gender Diverse Discrimination](#) (Fogarty and Zheng, 2018)
- [Anti-LGBTQ+ Legislative and Executive Action: A Lived Experience in Care Perspective](#) by Elliott Hinkle for the American Bar Association
- [Use of SOGIE Data in Improving Child Welfare Outcomes](#) (podcast)
- [Guidance for the placement of transgender, non-binary, and gender expansive youth in congregate care](#) by the Human Rights Campaign Foundation (PDF)

## Resources for Medical Professionals

- Book: *A Clinicians Guide to Gender-Affirming Care, Working with Transgender & Gender Nonconforming Clients* (Chang, Singh, dickey, 2018)
- [Roadmap to LGBTQ+ Mental Health](#) (PDF)
- [Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People](#) (being updated in 2024)
- [World Professional Association for Transgender Health](#) (WPATH)

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