## 2024-25 ECAP WORKSHOP SCHEDULE

	Learn to build and maintain a productive & diverse research team that works best for your leadership style. Examine your leadership style and its impact on the success of your research team. Tools for leading and working with intra- versus interdisciplinary teams will be highlighted.
<b>Self, Time, &amp; Project Management</b> Thurs. Dec. 12, 2024, noon – 1:30 p.m. Rood Family Pavilion B	The faculty workload of diverse duties and responsibilities can become overwhelming. Time is a finite resource; over-commitment and multitasking adversely affect work quality and lead to burn- out. This workshop explores underlying principles of how to develop or re-discover purpose in your work, prioritize your goals and commitments to best support this purpose. Including practical tips and tools to optimize time management and application to your unique workload.
-	This workshop provides an overview of the finances of building
Money	& running a thriving research program through business management skills not often included in biomedical education.
Thurs. Jan. 9, 2025, noon – 1:30 p.m. MAC 3198	Managing costs, start-up packages, and budget strategies for grant
	applications will be discussed, including practical tips from expert lab managers.
<b>Specific Aims Review</b> Thurs. Jan. 30, 2025, noon – 1:30 p.m. Rood Family Pavilion B	Have your specific aims critiqued by experienced NIH reviewers using a mock study section format. Learn what really goes on during grant review and get critical feedback to improve your grant and chance of funding. This workshop is appropriate for applications to any funder, including internal funding opportunities.
Growing Your Science or Not: Choosing best	Making a mark early in your career is essential for long-term
<b>paths for early career</b> Thurs. March 6, 2025, noon – 1:30 p.m. Location TBD	success. Focus is essential to have impactful early independent research. Yet, the academic community is full of too many opportunities and new paths. This workshop will help you define the central mission of your research program and determine when new collaborations will directly contribute to your mission.
Specific Aims Review 2.0	Due to popular demand, a second offering of the January workshop
Thurs. April 10, 2025, noon – 1:30 p.m. Rood Family Pavilion D	will be held! Get critical feedback to improve your grant and chance of funding. This workshop is appropriate for applications to any funder, including internal funding opportunities.
<b>Conflict Resolution and Negotiation</b> Thurs. May 22, 2025, noon – 1:30 p.m. Rood Family Pavilion A	On-going negotiations with Supervisors/Chairs are often needed to support research programs. Successful negotiation requires learned skills. Work with a conflict resolution specialist and participate in real-time negotiations with trained actors to optimize negotiation
	strategies and ensure success in gaining the support you need.
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Sign up!	



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