

Central City Old Town Clinic (“OTC”)

OTC description, location, and unique features

Old Town Clinic is part of a larger agency, Central City Concern, whose mission is to provide comprehensive solutions to homelessness through healthcare and addiction services, direct access to housing, and attainment of income through employment or benefits.

Located in downtown Portland (10 min drive from OHSU), OTC is a designated Healthcare for the Homeless program selected by the Robert Wood Johnson Foundation as one of the 30 "exemplar" practices in the U.S., and functions as an integrated, patient-centered medical home engaging medical care, behavioral health, addiction services, hepatitis C treatment, and complementary medicine to address the needs of a complex and vulnerable population.

OTC patient population

The Old Town Clinic is a service-oriented clinic serving a complex and vulnerable population, including a high proportion of people suffering from housing instability, severe trauma, severe and persistent mental illness, and substance use disorders.

Practicing in this environment can be taxing as well as extraordinarily rewarding. Residents who thrive at Old Town do not just believe in the ideals of trauma-informed care and social justice medicine, they truly derive joy from caring for the underserved and can manage well in tumultuous environments.

OTC team-based care

Residents at OTC operate in clinic teams that include a refreshing diversity of providers (physicians, advanced practice providers, care team managers, naturopaths, psychiatric mental health nurse practitioners, and social workers). All teams have access to our behavioral health specialists, who help link our patients to recovery services around our community. Team-based care is the backbone of healthcare delivery at OTC.

OTC clinic and specialty resources

In addition to learning outpatient-based internal medicine, residents will learn new skills in addiction medicine and addressing social determinants of health. Our clinic has a variety of specialty services available to support our unique population, including wound care, onsite acupuncture, PrEP, Hepatitis C treatment, as well as diabetes management and COPD clinics. We have an onsite 340b pharmacy that offers medications at low to no cost for our patients. And as part of Central City Concern, we also have access to a variety of recovery programs, including outpatient treatment, withdrawal management, and culturally specific programs.