



Office of Diversity, Equity, Inclusion and Belonging



Dear OHSU School of Medicine Community:

Community outreach is at the heart of our mission, and I am thrilled to recognize several recent accomplishments that exemplify collaboration, innovation and service.

Mobile Clinic Annual Conference Recognition

Congratulations to OHSU Mobile Health Coalition for winning the ['Best Poster Award'](#) at the [2024 Mobile Health Clinics Conference](#). Their work in transforming mobile

health care delivery is a testament to the power of collaborative innovation. Special recognition to Verian Wedeking, B.A., Program Director of Community Outreach, OHSU Casey Eye Institute, who was re-elected as a board member of the National Mobile Healthcare Association. His leadership and dedication have been key in advancing mobile health care and access for many Oregonians.



Verian Wedeking standing by the [winning poster](#).

Dermatology Outreach in Seaside, OR

This past weekend, the Department of Dermatology conducted free skin screenings and provided vital education on sun safety to the Latino community at Columbia Memorial clinic in Seaside, OR. A special thanks to the students, staff and volunteers whose efforts made this outreach possible.



Volunteers at Seaside, OR.

Bridges Collaborative Care Clinic Fundraiser

The clinic hosted its Fourth Annual Fundraising Gala at OHSU's Robertson Life Sciences Building. This year's theme, "Housing in Health care," raised critical funds to support medical, dental, health education, outreach and care coordination services. We are deeply grateful to [students from various programs](#) who lead these efforts.



Students at BRIDGES fundraiser.

Thank you for your continued dedication to advancing Diversity, Equity, Inclusion and Belonging in the School of Medicine.

Warm regards,

Leslie Garcia, M.P.A., Ed.D.
Associate Dean for Diversity, Equity and Inclusion
OHSU School of Medicine

October Health Observances

BULLYING FACTS

NCTSN The National Child Traumatic Stress Network

Bullying is unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance.

The behavior is repeated, or has the potential to be repeated, over time (US Department of Health & Human Services)

Bullying Happens in Many Ways

- Verbal**
 - Teasing
 - Name Calling
 - Inappropriate Sexual Comments
 - Taunting
 - Threatening to Cause Harm
- Social**
 - Being Purposefully Exclusive
 - Telling Others Not to be Friends with Someone
 - Spreading Rumors
 - Embarrassing Someone in Public
- Physical**
 - Hitting / Kicking / Punching
 - Spitting
 - Tripping / Pushing
 - Taking or Breaking Someone's Things
- Cyber**
 - Takes Place Using Technology
 - Includes Cell Phones, Computers, and Tablets
 - Using Social Media Sites, Text Messages, and Websites

FACT

1 in 5 high school students are bullied in the US

That's **8.2 Million** every year

National Bullying Prevention Month

October is a time to acknowledge that bullying has devastating effects on families such as school avoidance, loss of self-esteem, increased anxiety and depression. Trauma intersects in many different ways with culture, history, race, gender, location, language and more. Read about [trauma-informed care](#).

National Disability Employment Awareness Month

Observed each October, we celebrate the many contributions and accomplishments of employees with disabilities and whose work helps keep the nation's economy strong. This year's theme is "Access to Jobs for All."

National Audiology Awareness Month

Hearing loss is associated with social isolation, depression and cognitive decline, which can adversely affect someone's quality of life. Nearly 29 million adults in the U.S. could benefit from using hearing aids.

ADHD Awareness Month

October is Attention-Deficit Hyperactivity Disorder (ADHD) Awareness Month. This year's theme is "Moving Forward with ADHD." According to the Centers for Disease Control and Prevention, ADHD symptoms start in childhood and often continue into adulthood, but they may look different in adults. The way ADHD impacts daily living may change across a person's lifetime and without the right treatment and support, ADHD can have a serious impact on health and well-being.

DEIB Enrichment

All events are listed in Pacific Time, even those hosted in other time zones.

Saturday, Oct. 5, noon | Coming Home: Memory Activism in Portland's Historic Old Town

This event explores Portland's Old Town's complex history of racism and cultural erasure through exhibits, walking tours and discussions. Key highlights include a roundtable on reimagining Old Town, presentations from community leaders and collaborations with local historical organizations.

Sunday, Oct. 6, 10 a.m. | Health Care Equity Fair

Every fall, interprofessional students from OHSU, Oregon State University, Pacific University, and College of Osteopathic Medicine of the Pacific Northwest, provide free health screenings, vision screenings, wound and foot care, referrals to other medical clinics, first aid training, COVID-19 vaccines, insurance information, needle exchange, mental health information and more to the Portland community.

Tuesday, Oct. 8, 9:30 a.m. | Breaking Barriers Part 1: Identifying Barriers and Designing for Physical Accessibility

This webinar will explore the responsibility to provide an appropriate education to all students. In the first part, students will share their experiences in medical education highlighting the accessibility challenges that impeded their learning journey. Accessibility measures will be evaluated on how to best support the needs of students.

Tuesday, Oct. 8, noon | Imposter Phenomenon: Navigating Yourself and the System Around You

Megan Furnari, M.D., associate professor of pediatrics, director of the Women's Leadership Development Program and associate chief wellness officer at OHSU, will discuss the false notion that one may lack expertise in their field and at any moment they will be found out and be excluded. Furnari will look at factors influencing the sense of not belonging and explore tools to embrace a seat at the table confidently.

Wednesday, Oct. 16, 5 p.m. | SoM Office of Diversity, Equity, Inclusion and Belonging Dinner Series

School of Medicine faculty, residents and students are invited to an evening of community building and networking. A diverse panel of faculty and learners will share different perspectives on resilience. Held in person at the Doernbecher's Collins/Gaudy room. Please [register here](#).

Wednesday-Friday, Oct. 16-18 | Mid-Career Minority Faculty Leadership Seminar

This training addresses the needs of associate-level faculty who are historically underrepresented in medicine through knowledge sharing, skill building and strategy development for career advancement in academic medicine. This seminar takes place in Washington, D.C.

Thursday, Oct. 17, 1 p.m. | OHSU Health Literacy Symposium

OHSU is hosting its first Health Literacy Symposium during October's National Health Literacy Month. The symposium will launch a grassroots initiative to help OHSU become a health-literate organization by showcasing existing projects and identifying opportunities for OHSU faculty, staff, administrators and learners to improve health information. In-person at OHSU Auditorium. CME is available.

Thursday-Monday, Oct. 17-21 | 71st Annual Montagna Symposium on the Biology of Skin

The symposium "Skin of Color Dermatology: The Interaction of Science & Society," will bring together leading scientists, trainees and clinicians engaged in research and treatment of diseases that disproportionately affect skin of color. Contact: stoos@ohsu.edu

Sunday, Oct. 20, 2 p.m. | Traditional & Classical Japanese Music

The performance will feature Miho Yamaji on koto and Pavel lo on shakuhachi (bamboo flute), showcasing classical Japanese music from the Middle Ages to the 20th century.

Wednesday, Nov. 6, 5:30 p.m. | November Say Hey! - OMSI

Join Partners in Diversity for a networking opportunity to connect professionals to foster community engagement within the Portland Metro area.

Friday-Tuesday, Nov. 8-12 | Learn, Serve, Lead 2024

The AAMC Annual Meeting is taking place in Atlanta, GA. More than 4,500 members of the academic medicine community come together in person to hear from experts, turn ideas into action, discuss pressing issues, network with colleagues and shape the education of tomorrow's doctors.



National Latino Physician Day, observed annually on Oct. 1, is a day dedicated to honor the contributions of Latino physicians to health care and raise awareness about the diverse perspectives they bring to health care. This day celebrates their commitment to providing culturally and linguistically concordant care, addressing health disparities and improving health care outcomes for the Latino community and beyond.

The day also highlights the importance of fostering equal opportunities within the health care workforce and the need for greater representation of Latino professionals in medicine, as they are often underrepresented compared to the growing Latino population in the U.S. Latino physicians help bridge cultural gaps, improve health literacy and advocate for policies that support underserved communities.

Recommended: [Growing the Hispanic Physician Workforce is Key to Better Outcomes](#)



Indigenous Peoples' Day, celebrated across the U.S. on the second Monday in October (Oct. 14) recognizes and honors Indigenous peoples and commemorates their histories and cultures.

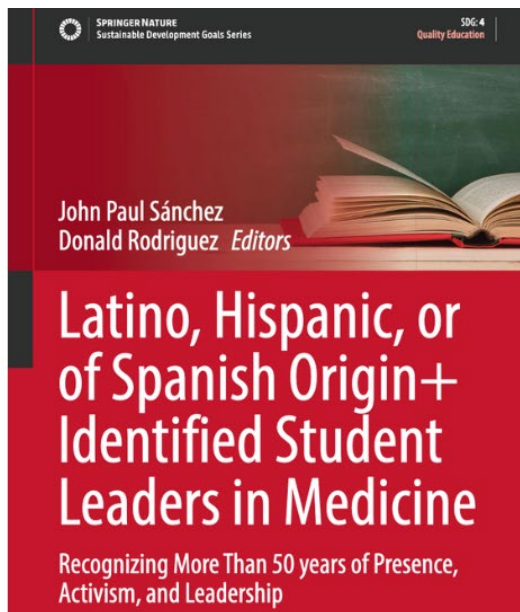
Recommended:

- [Readings on the History of Indigenous Oregon](#)
- [Multnomah County Library Indigenous Community Resources](#)

Call for Mentors: M.D. Diversity Mentorship Program

The school is seeking faculty and residents to serve as mentors for the M.D. Diversity Mentorship Program. The program relies on the commitment of mentors to guide and support the next generation of medical professionals. Your insight and experience are essential to fostering a culture of diversity and inclusion within the field. The program offers flexibility—mentors and mentees can meet either in person or virtually, with schedules tailored to individual availability. Please, [submit your name here](#).

Open Access Resource



This open-access book explores the rich history and current state of the Latino, Hispanic or Spanish Origin community's representation within American Medicine. It examines the community's unique health issues and disparities, its ongoing efforts to address such health issues and its approaches and challenges to developing generations of physicians and health care leaders. [Read more.](#)

This monthly newsletter is sent to members of the OHSU School of Medicine. This space is dedicated to the valuable role of Diversity, Equity, Inclusion and Belonging (DEIB) practices in promoting resources and information.

Trouble reading this message?

[View in a browser](#)

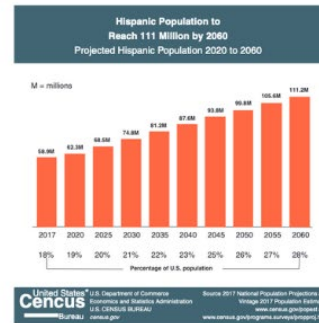


Fig. 14.2 Projected Hispanic Population 2020 to 2060

Some AHSCs may not explicitly state enumerated values but rely on guiding principles in their mission statements that connect to notions of excellence in the educational, clinical, research, and community engagement domains. The commitment to serving society and the community via some, or all, of the aforementioned domains creates an expressed social obligation for an AHSCs to care for the health and well-being of the population inclusive of the LHS+ community. Principles of health equity further focus this institutional responsibility to address the unique social determinants of health (SDOH) and associated health inequities faced by the LHS+ community to help the latter achieve its highest health potential.

Given the above, ODEIs have expanded their focus to help address the SDOH that lead to poorer health outcomes and contribute to health disparities for marginalized, disenfranchised and/or vulnerable communities. The LHS+ community—not being immune to the impacts of detrimental SDOH—unfortunately suffers from many health disparities. When compared to non-Hispanic Whites, for example, Hispanics are 23% more likely to be obese, die at a 50% higher rate from diabetes, and are 24% more likely to have uncontrolled high blood pressure [10]. Health disparities that particularly affect LHS+ patients can be attributed to a multitude of factors. As discussed in previous chapters, unique determinants to LHS+ health include insufficient