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# The Power and Promise of Mobile Integrated Health

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# Part I: What is Mobile Integrated Health (MIH?)

# Mobile Integrated Health

**Mobile integrated health (MIH)** is a care-delivery model that brings mobile resources to patients in a home or community-based setting. This goes beyond traditional emergency care, instead focusing on preventative and primary care.



**Chronic disease management**



**Preventive care**



**Postdischarge follow-up visits**



**Wrap-around/SDOH services**



**Coordination with appropriate care**

One of the most common types of MIH work is **Community Paramedicine**

# Primary Aims

To improve patient outcomes and reduce healthcare costs by integrating paramedics and other allied health professionals into community health services



# Key Goals

- Reduce emergency room visits, hospital admissions, and readmissions
- Improve access to care and health-related services for underserved populations
- Enhance care coordination and follow-up
- Provide preventative care and health education to patients

# The Need for MH Services in Oregon

*Addressing challenges in traditional health care systems*

**High costs of  
emergency care**

**Overburdened  
emergency  
departments**

**Gaps in access to  
primary and  
preventative care**

**EMS capacity**

# Different Approaches to Mobile Integrated Health

- **Home-Based Care:** Paramedics visit patients at home to manage chronic conditions, conduct wellness checks, and provide education.
- **Mobile Health Clinics:** Mobile units equipped to deliver a range of health services to communities.
- **Emergency Triage and Transport:** Paramedics triage patients in non-emergency situations to appropriate care settings.
- **Integrated Care Teams:** Collaboration between paramedics, primary care physicians, and other health professionals.



# Part II: The Power of MIH



# Demonstrated Benefits of MH Services

## For Patients

- Improved access to care
- Personalized and preventive services
- Reduced hospital admissions and readmissions
- Improved trust in health service providers

## For Health Systems & Providers

- Reduce emergency call volume
- Reduce inpatient and emergency department utilization
- Reduce 30-day readmissions
- Increase cost savings for hospitals and EMS agencies

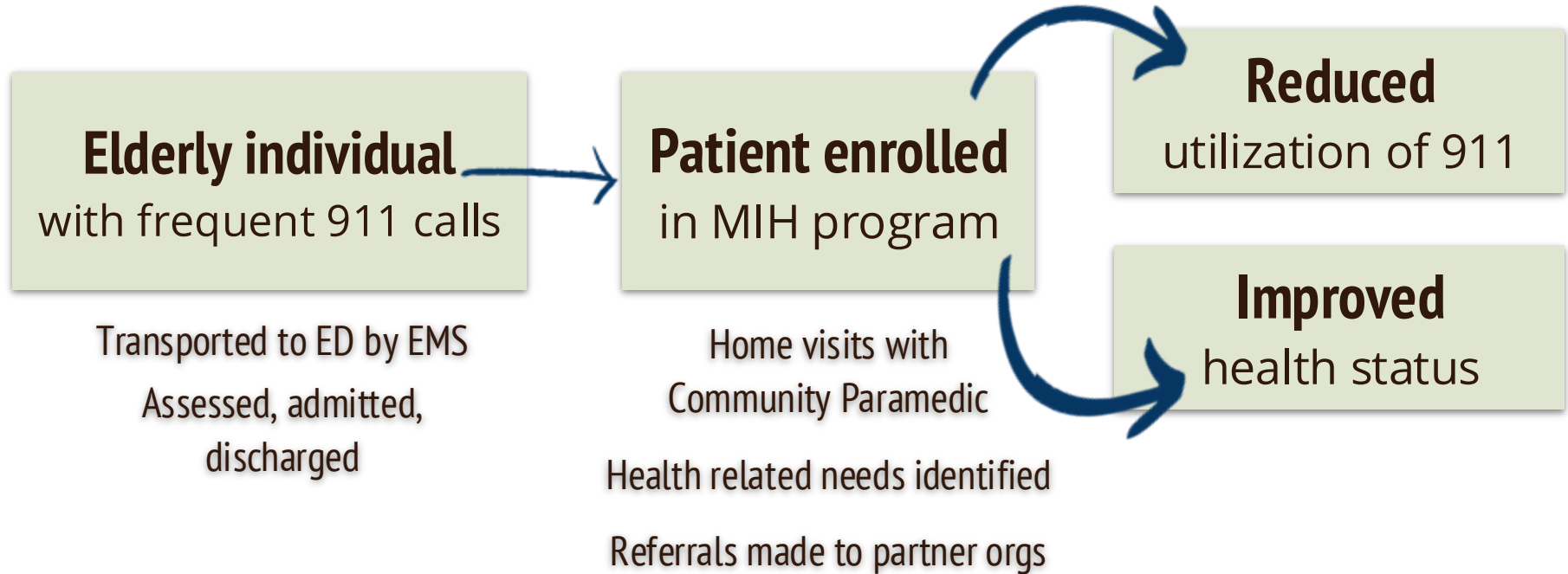
**For everyone**

Enhanced community health outcomes

# Example MIH Programs in Oregon



# Patient Stories: Creating a Pathway to Appropriate Care





# Part III: The Promise of MIH

# Challenges and Considerations

**Sustainable  
funding**

**Resource  
allocation**

**Workforce  
training and  
integration**

**Regulatory and  
policy hurdles**

# Challenges and Considerations

**Grants for startup;  
Contracts, partnerships  
billing for sustainability**

**Collecting new  
data to inform  
program priorities**

**Training, support for  
EMS and allied health  
professionals**

**Supporting policy  
changes for MIH**

# Emerging Trends



- **Telemedicine and digital health tools:** Increased use of these resources facilitates care outside of a traditional health care setting
- **Expanded MIH services:** Allows programs to serve patients based on community need, priorities
- **Community collaboration:** Strengthened community partnerships increase referral pathways to existing, appropriate services

What  
comes  
next?



[oregonclho.org/hro](https://oregonclho.org/hro)



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# Thank you!

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