



## Program Announcements

Greetings AHEC Scholars!

I hope everyone is doing well and taking good care of themselves. Would you like a boost of good news to start you off? Jump down to the Community section at the bottom.

National Rural Health Day (NRHD) is coming up, and Oregon AHEC is hosting a facilitated panel discussion. All Oregon pre-health and healthcare students are invited, as well as AHEC Scholars nationwide. Details below.

### **NRHD Rural Provider Panel**

On National Rural Health Day, November 21, attend a facilitated panel discussion with a multi-disciplinary group of Oregon providers. The panel will be talking about their roles and practice in rural communities, with ample opportunity for Q&A. Our panelists are a dentist, pharmacist, PA, FNP, and MD, with two additional MDs from Oregon AHEC's staff.

- November 21, 5:30 - 6:30 pm PT. [Register here.](#)

### **The PCLF application is now open**

As an AHEC Scholar you are eligible to apply for the optional Primary Care Loan Forgiveness (PCLF) program. [Review requirements here.](#) Note that applying now is for funding that is paid to

your school next year.  
Application deadline: January 3, 2025

### **PCLF program info session with the Office of Rural Health**

The Oregon Office of Rural Health will be hosting a web-based Office Hours session for students interested in applying to the Primary Care Loan Forgiveness Program (PCLF). This session will provide an opportunity to learn more about the PCLF application process, the criteria for site eligibility, and the post-graduation obligations associated with the program.

During the session, you will have the chance to ask questions directly to program representatives and gain a deeper understanding of how PCLF can support your career in primary care.

November 18, 11:00 AM - 12:00 PM PT

[Join Meeting](#)

Meeting password: PxP4yKfmp43

This Week/Time Sensitive Opportunities

### **Advancing Rural Health: Utilizing the Rural Health Framework as a New Tool**

November 13, 12:00 - 1:30 pm PT

[Register here](#)

### **Access to Maternity Care in Rural U.S. Communities**

November 14, 8:00 - 9:00 am PT

[Register here](#)

### **NTTAP Webinar Advances in Team-Based Retinal Eye Care for Patients with Diabetes**

November 14, 10:00 am - 11:15 am PT

[Register here](#)

### **Safeguarding Home Environments: Addressing Environmental Risks for Aging and Disabled Populations in Public Housing**

November 14, 11:00 - 12:00 pm PT

[Register here](#)

### **Expecting Inequity: Race, Class, and Reproductive Justice**

November 14, 1:30 - 2:30 pm PT

[Register here](#)

### **TeleBehavioral Health: Working with Interpreters via Telehealth**

November 15, 11:00 am - 12:00 pm PT

[Register here](#)

### **PCLF program info session with the Office of Rural Health**

Ask questions and learn about how Primary Care Loan Forgiveness (PCLF) can support your career in primary care.

**November 18, 11:00 AM - 12:00 PM PT**

[Join Meeting](#)

Meeting password: PxP4yKfmp43

### **Join your AHEC Scholars peers nationwide!**

Missouri AHEC is hosting an Interprofessional Education Collaborative Case Competition

Register by January 18, competition begins January 22. Winners announced February 26 - with a monetary prize!

[Review the flyer and register here.](#)

## Upcoming Events/Save the Date

### **Providence Pediatric Virtual Grand Rounds: The Eat Sleep Console model for Neonatal Opioid Withdrawal Syndrome**

November 20, 12:30 pm - 1:30 pm

[Register here](#)

### **NRHD Rural Provider Panel**

On National Rural Health Day, November 21, join Oregon AHEC as we welcome a multi-disciplinary group of Oregon providers for a fun, informative panel discussion. The panel will be talking about their roles and practice in rural communities, with ample opportunity for attendees to ask questions.

November 21, 5:30 - 6:30 pm PT

[Register here.](#)

[Learn about NRHD](#)

### **The Intersection of Mental Health, Addiction, and Emerging Opioids**

The national psychiatry student interest group network (PsychSIGN) is virtually hosting Dr. Michael Krausz to discuss the intersections of mental health, addiction, and emerging opioids. This event is open to all health professions!

November 21, 6:00 pm Pacific Time

[Register here](#)

If you have any questions with the form, please email [psychsignd@gmail.com](mailto:psychsignd@gmail.com).

### **Quarterly Check Ins**

Join the next quarterly meeting for all AHEC Scholars. These are held in March, June, September, and December.

These are informal drop-in meetings, with ample room for Q&A.

The next sessions are on **December 3** at either 12:00 or 5:00 pm.

Register here: [AHEC Scholars Quarterly Check Ins](#)

### **Oregon AHEC Scholar at NAO Webinar**

The NAO AHEC Scholars Collaboration subcommittee is presenting a virtual nationwide webinar to be held in December. NAO will be highlighting the work of six Scholars nationwide, including Oregon's very own Isabelle Parker who will be presenting on "Severity of Gestational Diabetes Mellites After The COVID-19 Pandemic." Congratulations Isabelle, we can't wait to see your presentation!

December 3, from 3:00 pm – 5:00 pm PT

[Register here](#)

### **Building Trust: Addressing Vaccine Hesitancy and Health Misinformation in Vulnerable Communities**

December 3, 12:00 pm PT

[Register here](#)

### **NAO Accepting Poster Submissions**

The NAO is accepting abstracts for poster presentations at the 2025 Biennial Conference in Lexington, Kentucky. [Get guidelines here](#).

Deadline is December 19, 8:59 PM PT

### **Geriatric Care Learning Series returns in January**

We're delighted to share that Dr. Laura Byerly is hosting her Geriatric Care Learning series for AHEC Scholars starting in January. Join us for these *highly recommended* monthly sessions from 12:00 - 1:00 pm PT on Tuesdays.

- 1/7 Depression and Suicide Risk in Older Adults,
- 2/4 Pain Management and Opioids in Older Adults,
- 3/11 Social Determinants of Health and Social Isolation, and
- 4/8 Exercise, Mobility, and Fall Reduction in Older Adults

[Register here to get session links](#)

### **Visit an exhibit from Oregon Black Pioneers:**

Letitia Carson: An Enduring Spirit of Hope and Freedom

Whitman Mission (328 Whitman Mission Rd, Walla Walla, WA 99362)

9/10/24 - 12/10/24

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### **Connect with Oregon AHEC's Regional Centers**

Regional center staff have local expertise and welcome your questions, whether you are on rotation or considering employment in their areas. Here are quick links for each center's contact information (see map below for coverage areas):

[Oregon Pacific AHEC](#)

[Oregon Healthcare Workforce Institute](#)

[Northeast Oregon AHEC](#)  
[Cascades East AHEC](#)  
[AHEC of Southwest Oregon](#)

## Resources; Podcasts, Articles, Videos

*Note that these count towards didactic hours; reading times are estimates only*

Learning Modules from UW:

[Empowering Recovery: Ethics & Collaborative Decision-Making in Behavioral Health](#) - 2 hour self-paced course  
[Cultural Humility in Behavioral Health Care](#) - 2 hour self-paced course  
[Advancing Person-Centered Care in Substance Use Disorder Settings](#) - 4 part self-paced series, approx. 1 hour each

[National Association of County and City Health Officials \(NACCHO\) Roots of Health Inequity Course Series](#) - time varies

[Review: Who Is the Rural Voter? Book Builds on Old Themes to Create New Understanding](#) - 15 minutes

[No Matter Who Wins, Health Will Keep Improving on Common Ground](#) - 15 minutes

[Community health workers spread across the US, even in rural areas](#) - 15 minutes

[Ask an Expert: Solutions to Social Isolation in Rural Communities](#) - 15 minutes

[Updated HPSAs: HRSA Lists of Designated Primary Medical Care, Mental Health, and Dental Health Professional Shortage Areas](#) - 30 minutes

[Access to Health Care in Rural America: Current Trends and Key Challenges](#) - 30 pages

[Washington state sees steep increase in whooping cough cases](#) - 15 minutes

['Stop Requested': On board Christmas Valley's once-a-week bus](#) - 15 minutes

[Tribal Health Leaders Say Feds Haven't Treated Syphilis Outbreak as a Public Health Emergency](#) - 15 minutes

[As Nuns Disappear, Many Catholic Hospitals Look More Like Megacorporations](#) - 15 minutes

[Behavioral Health Equity: Responding to the Needs of our Nation's Veterans](#) - 15 minutes

[Educational Resources for Wound Care - videos specific to diabetes management and culturally-specific care.](#) recommended: A Panel - Central City Concerns on Treating Wounds in the Houseless Population

Time varies, ~30 minutes per video

[Disaster on Top of a Disaster: Can Western North Carolina's Child Care Infrastructure Recover After Helene?](#) - 20 minutes

[Social Determinants of Health \(SDOH\) Webinars from the National Center for Health in Public Housing](#)  
time varies

[Access the full library of webinars](#)

[California Expanded Medi-Cal to Unauthorized Residents. The Results Are Mixed](#) - 15 minutes

### **Ongoing resources:**

- Quick links to report your activities via Qualtrics: [didactic hours reporting](#) and [experiential hours reporting](#)
- Link to definitions for our eight [Core Topic Areas](#).
- [Oregon AHEC Scholars Handbook](#), now posted on our website and in Sakai.
- The AHEC Scholars Core Curriculum has been launched, [access it here](#).

*More curated didactic learning is available on-demand in Sakai*

## Community Corner

*Note that these generally do not count as didactic hours*

We asked our readers a simple question: No matter who wins this election, how will you continue to make the world a better place? [Here's what you told us.](#)

[Autumn leaf jumps](#)

[Before election results came in, this Vermont town brought voters together to dance](#)

[Medical grade comfort food](#)

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Have a wonderful rest of your week!

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Oregon Area Health Education Center